These statements concern either your past, present, or future. Using the scale, indicate your agreement with each statement by marking the appropriate button.

	Strongly disagree	Disagree	Slightly disagree	Neither agree nor disagree	Slightly agree	Agree	Strongly agree
If I had my past to live over, I would change nothing.	ja	ja	ja	ja	ja	ja	jn
I am satisfied with my life in the past.	jn	jn	jn	jn	jn	jn	jn
My life in the past was ideal for me.	ja	ja	ja	ja	ja	ja	jn
The conditions of my life in the past were excellent.	jn	jn	jn	jn	jn	jn	jn
I had the important things I wanted in my past.	ja	ja	ja	ja	ja	ja	ja
I would change nothing about my current life.	jn	jn	jn	jn	jn	jn	Jm
I am satisfied with my current life.	ja	ja	ja	ja	ja	ja	jn
My current life is ideal for me.	jn	jn	jn	jn	jn	jn	jn
The current conditions of my life are excellent.	ja	ja	ja	ja	ja	ja	ja
I have the important things I want right now.	jn	jn	jn	jn	jn	jn	Jm
There will be nothing that I will want to change about my future.	ja	ja	ja	ja	ja	ja	ja
I will be satisfied with my life in the future.	<b>j</b> n	Jn	jn	<b>j</b> n	jn	jn	<b>j</b> n
I expect my future life will be ideal for me.	ja.	ja	ja	ja	ja	ja	ja
The conditions of my future life will be excellent.	Jn	Jn	jn	<b>j</b> n	Jn	jn	<b>j</b> n
I will have the important things I want in the future.	ja	ja	ja	ja	ţa	ja	ja