

# Soviet-Jewish Acculturation Measure

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**Instructions:**

For each statement below and on the following pages, choose one of the following responses: **Not at all true, Somewhat true, Mostly true, or Extremely true.** Please circle the number representing the response that most closely describes *your* behavior or belief. The term “American” is used to refer to individuals and things from the United States. Please be sure to answer all of the questions.

		Not at all true	Somewhat true	Mostly true	Extremely true
<b>1</b>	I enjoy listening to American radio programs (i.e., political discussions).	1	2	3	4
<b>2</b>	I enjoy reading books about Russian history and culture.	1	2	3	4
<b>3</b>	When I need something, I usually try to avoid Russian-speaking merchants or professionals (e.g., hair stylists), because I don't like them or trust them.	1	2	3	4
<b>4</b>	It is important for me to practice the Jewish religion in this country in order to maintain my cultural identity.	1	2	3	4
<b>5</b>	I am involved in and/or support American (i.e., non-Russian) organizations.	1	2	3	4
<b>6</b>	I enjoy reading Russian or Jewish newspapers and magazines.	1	2	3	4
<b>7</b>	If I were a parent of a young child, I would adopt the American way of child rearing by encouraging independence and individuality.	1	2	3	4
<b>8</b>	I would be pleased if my children (or grandchildren) wanted to marry someone who is Russian/Jewish.	1	2	3	4
<b>9</b>	I live in a neighborhood that is <u>not</u> predominantly Russian/Jewish.	1	2	3	4

		Not at all true	Somewhat true	Mostly true	Extremely true
10	I enjoy eating Russian food.	1	2	3	4
11	To be successful in American, we need to give up our Russian/Jewish lifestyle.	1	2	3	4
12	It is easy for me to relate to and share my inner feelings and thoughts with other	1	2	3	4
13	I enjoy American dancing (e.g., fast disco).	1	2	3	4
14	If I had to furnish a room, I would enjoy having European furniture.	1	2	3	4
15	I enjoy reading books about American history and culture.	1	2	3	4
16	I live in a predominantly Russian/Jewish neighborhood.	1	2	3	4
17	I enjoy speaking English.	1	2	3	4
18	I enjoy using my given Russian or Jewish name.	1	2	3	4
19	I enjoy reading in English.	1	2	3	4
20	I believe that it is all right for Russian/Jewish immigrants to date other Russian Jews.	1	2	3	4
21	I trust most doctors and medical professionals, because I know that they are experts	1	2	3	4
22	In my opinion, when children reach adulthood, they should continue to listen to their	1	2	3	4
23	If, as my spouse and I get older, we need help taking care of ourselves (e.g., grocery shopping), we will get help from an agency instead of bothering our grown children, who need to take care of their own lives.	1	2	3	4

		Not at all true	Somewhat true	Mostly true	Extremely true
24	Although we are in America, we must still remain on guard for anti-Semitism.	1	2	3	4
25	If someone in my family is diagnosed with a terminal illness, I would want them to be	1	2	3	4
26	I came to this country because my children (or other relatives) wanted to emigrate. If it was up to me, I would still be back in my old country.	1	2	3	4
27	I would teach Russian/Jewish children mainly American values and customs so that they can fit in with other Americans.	1	2	3	4
28	It is healthy for young children of Russian/Jewish immigrants to be taken care of at home by a relative or family acquaintance.	1	2	3	4
29	I enjoy listening to American music.	1	2	3	4
30	I have several friends who are of Russian/Jewish origin.	1	2	3	4
31	If I had to name a child, I would choose an American name.	1	2	3	4
32	I enjoy reading in Russian.	1	2	3	4
33	I cook American food at home.	1	2	3	4
34	I am involved in and/or support Russian/Jewish organizations (e.g., HIAS).	1	2	3	4
35	If I had to furnish a room, I would enjoy having American furniture.	1	2	3	4
36	I enjoy Russian and/or Jewish dances, such as Hava Nagilla.	1	2	3	4
37	Here in America, anti-Semitism is no longer a concern for me.	1	2	3	4
38	I enjoy watching Russian or Jewish television programs, films and/or plays.	1	2	3	4

		Not at all true	Somewhat true	Mostly true	Extremely true
39	It is easy for me to relate to and share my feelings and thoughts with Americans.	1	2	3	4
40	Although we live in America, we should retain our Russian/Jewish lifestyle.	1	2	3	4
41	I believe that it is all right for Russian/Jewish immigrants to date Americans.	1	2	3	4
42	If I had to name a child, I would choose a Russian or Jewish name.	1	2	3	4
43	I have several American (i.e., non-Russian/Jewish) friends.	1	2	3	4
44	I enjoy listening to Russian or Jewish music.	1	2	3	4
45	I write in English (e.g., letters).	1	2	3	4
46	My thinking is done in the Russian language.	1	2	3	4
47	I have an Americanized name, and I enjoy using it.	1	2	3	4
48	I enjoy speaking Russian or Yiddish.	1	2	3	4
49	Because we live in America, I am trying to become fluent in English.	1	2	3	4
50	I would teach Russian/Jewish children mainly Russian/Jewish values and customs so that they will not become assimilated but remain Russian Jews.	1	2	3	4
51	In my opinion, when children reach adulthood, they should always be allowed to make their own decisions, even if they don't seem to be good decisions.	1	2	3	4
52	I do not trust most doctors and medical professionals, because they do not have the knowledge and/or desire to help me and my family.	1	2	3	4
53	When I need a doctor, I avoid ones who immigrated from the former Soviet Union,	1	2	3	4

		Not at all true	Somewhat true	Mostly true	Extremely true
54	When I need a doctor, I try to find a Russian-speaking one, because American doctors don't care about their patients and don't take the time to understand their problems.	1	2	3	4
55	I came to this country because I believed it held a better future for me or my children.	1	2	3	4
56	If someone in my family is diagnosed with a terminal illness, I would prefer that they not be told, so that they can live the rest of their life in peace.	1	2	3	4
57	I enjoy reading American newspapers and magazines.	1	2	3	4
58	I cook Russian food at home.	1	2	3	4
59	I enjoy eating American food.	1	2	3	4
60	I enjoy listening to Russian radio programs.	1	2	3	4
61	My thinking is done in the English language.	1	2	3	4
62	I write in Russian (e.g., letters).	1	2	3	4
63	It is healthy for young children of Russian/Jewish immigrants to go to an American day care with other American children.	1	2	3	4
64	Although we live in America, I am trying to maintain my Russian/Jewish heritage by	1	2	3	4
65	I would be pleased if my children (or grandchildren) wanted to marry someone who is American ( <u>not</u> of Russian/Jewish origin).	1	2	3	4
66	If I were a parent of a young child, I would adopt the Russian/Jewish way of child rearing by encouraging obedience, respect, and a hard work ethic.	1	2	3	4

		Not at all true	Somewhat true	Mostly true	Extremely true
<b>67</b>	It is <u>not</u> important for me to practice the Jewish religion in this country, because I am now first and foremost an American.	1	2	3	4
<b>68</b>	When I need something, I usually try to find Russian-speaking merchants or professionals (e.g., hair stylists), because I like them and trust them.	1	2	3	4
<b>69</b>	I enjoy watching American television programs, films, and/or plays.	1	2	3	4
<b>70</b>	If, as my spouse and I get older, we need help taking care of ourselves, we will rely on our children, because it is their responsibility to take care us in our old age, just as it was our responsibility to take care of them when they were young.	1	2	3	4